



KOSTFONDEN

STOCKHOLM 17-11-15

## FUNDING FOR RESEARCH PROJECTS RELATED TO OBESITY, METABOLIC SYNDROME AND TYPE 2 DIABETES

Obesity, insulin resistance and type 2 diabetes are on the increase worldwide. Trailing behind these epidemics are a range of conditions and problems, such as cardiovascular disease, cancer, dementia, complicated pregnancies, non-alcoholic fatty liver disease and premature death.

The Dietary Science Foundation announces the availability of funding for one or more high-quality intervention studies that, in a structured way, investigate how obesity, insulin resistance, type 2 diabetes or problems/diseases related to them can be prevented or treated using a dietary intervention. It is also possible to apply for planning grants for larger multicenter studies.

The Swedish Agency for Health Technology Assessment and Assessment of Social Services (SBU) did a systematic review of Food for diabetes (2010) and Food for obesity (2013) and found many knowledge gaps. We will prioritize projects that fill important knowledge gaps and are relevant to patients and society.

### Who can apply?

Grants can be sought by individual researchers who will act as project managers and who work in one of the Nordic countries. Applicants must have a Swedish doctorate or the equivalent foreign degree. We would like to see projects with regional, national or international cooperation. A CV should be attached for all participating researchers or physicians.

### Grants

The Dietary Science Foundation is a non-profit fundraising organization. We estimate that we will distribute 1,400,000 SEK from our own funds during 2018 and 2019. It is advantageous if projects are co-funded by several financiers. The research question must be the same regardless of the financier.



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### **Study quality and assessment**

Applications will be assessed by the Dietary Science Foundation's scientific advisory board (<http://www.dietaryscience.org/about-us/#SAB>). The Dietary Science Foundation's goal is to initiate research that can be used as a basis for national public health strategies or treatment recommendations. Therefore we attach great importance to the design of the study and that the research question be clearly structured according to the PICO format (read more: <https://www.ncbi.nlm.nih.gov/pubmedhealth/PMHT0029906/>). The study must meet the quality requirements set by SBU for its systematic knowledge reviews (More info here: <http://www.sbu.se/en/method/>). The feasibility of the study will also be assessed.

The project plan does not need to be fully determined at the time of application. Several members of the Dietary Science Foundation's scientific advisory board have worked at SBU and have experience of dietary studies, and applicants are welcome to utilize their skills in the final design of the study.

Applicants are welcome to explore new and innovative methods for helping participants follow different dietary strategies as well as evaluating compliance.

The grant covers most types of project-related costs, such as salaries, travel, publication costs, minor equipment and food allowance costs for study participants.

Planning grants for larger multicenter studies may be applied for.

If a PhD student participates in the project, the grant may not be used to pay a salary for time spent teaching.

The assessment process has two steps. After the initial application, the foundation will (if necessary) request a more detailed description of the project. The foundation seeks studies that will give convincing results and pass future audits by SBU and similar organizations. It is therefore important that the study is designed with this purpose in mind.

### **Administration and accounting**

Projects financed by the Dietary Science Foundation are required to submit a final financial report within the time specified by us.



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## Application

The application may be in Swedish or English and should be submitted as a pdf file to [utlysning@kostfonden.se](mailto:utlysning@kostfonden.se) by 15 January 2018.

The application should contain:

1. A **summary** (maximum **half an A4** page) with the following information:

- what will be studied/planned
- a description of study design and methods
- expected clinical outcomes

2. An overall **budget** for the project: the estimated total cost with specifications such as salaries, travel, food allowances etc., and planned funding from other sources.

3. A more detailed **description of the project** including theory, method, timetable, implementation, project organization and the role of the contributing researchers. Make a careful specification of the expected clinical outcomes and goals of the project and provide a summary of the study protocol. Describe the research groups and healthcare providers involved and explain how they are expected to contribute.

The project description may be a maximum of **four A4 pages** long (with a margin of 25 mm in Times or similar font, size 11). At this stage in the application process, we need enough information to assess the project's relevance, quality and feasibility. We may request more details if the project interests us.

4. Attach the **CV** of the project manager and all participants. Each CV should be limited to a maximum of two A4 pages.

5. Attach a **publication list** for project managers and participants.

6. Account for **other sources of funding**. Specify the type of grant, financier, holder/project manager, grant period and amount.

For questions please email: [utlysning@kostfonden.se](mailto:utlysning@kostfonden.se)

We look forward to receiving your application!



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**About the Dietary Science Foundation**

The Dietary Science Foundation is a non-profit fundraising organization founded in June 2014. The foundation's purpose is to increase the amount of scientifically substantiated knowledge about the impact of diet on human health and disease, primarily through the support, organization and coordination of diet research.



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